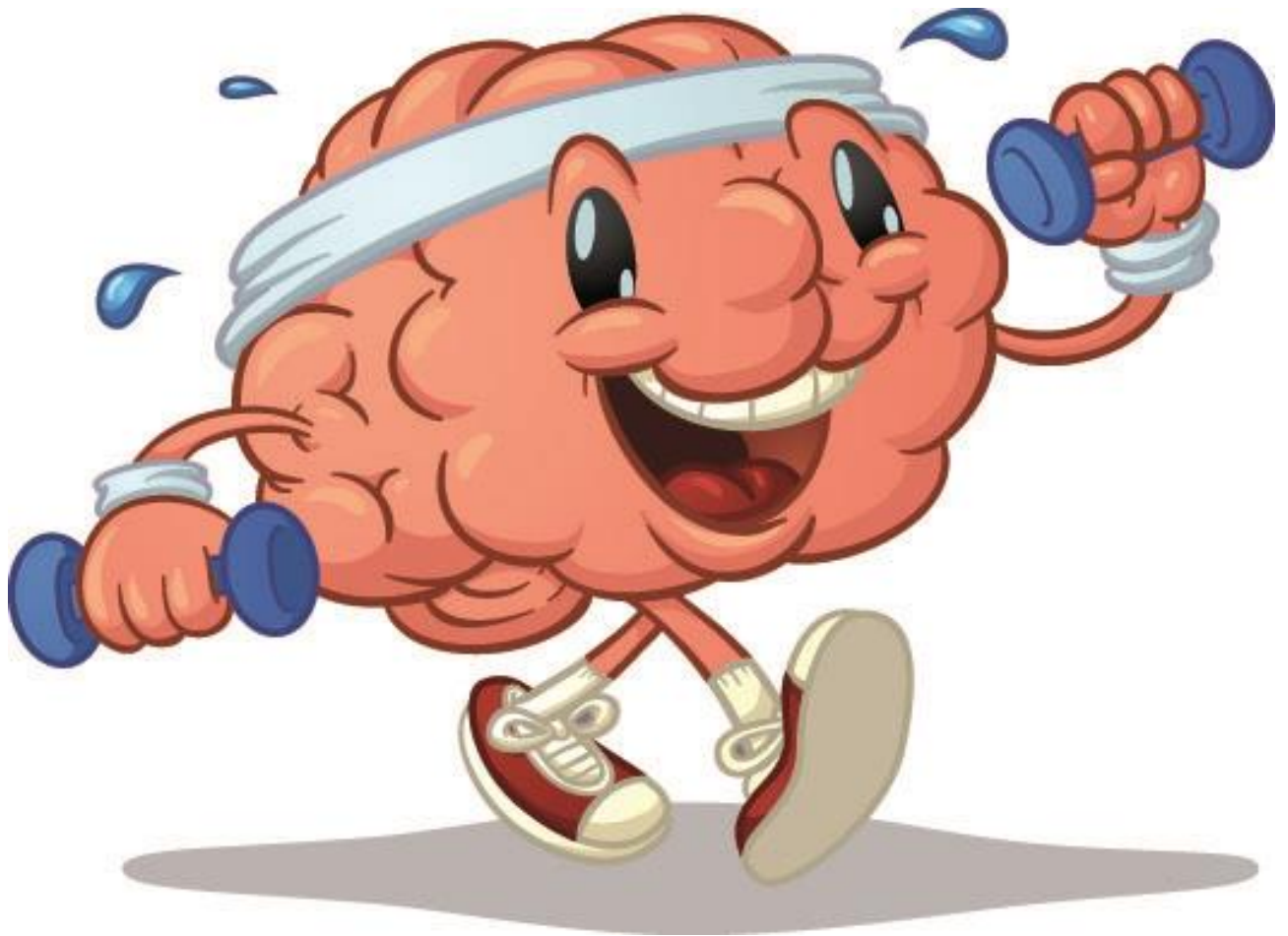


Sausio 11-osios pamoka

Mankšta smegenims

Who's the brainiest of all?



Power Point slides are attached

Sausio 12-osios pamoka

Tobula atmintis- ar tai įgyvendinama?

Perfect memory- mission impossible?

Games to test your memory☺

https://www.youtube.com/watch?v=yev94H_Nabg

<https://www.youtube.com/watch?v=k5YDhx6O5fQ>

Let's discuss☺

1. Why did people in the past could boast a better memory?
2. What is considered to impair our memory?
3. How is sugar related to our cognitive abilities?
4. What has an extremely positive impact on our memory?
5. Do you agree that solving crossword puzzles, learning languages or reading books can boost your memory?
6. Can technology help us to improve our memory?
7. What is the link between physical activity and brain performance?

