

Vasario 1 dienos pamoka

Kaip užsiauginti valios raumenis?

How to learn self-discipline?



<https://www.youtube.com/watch?v=cPn3UOt1lxw>

What can we learn from Lucas' story?

Vasario 2 dienos pamoka

The happiest people in the world

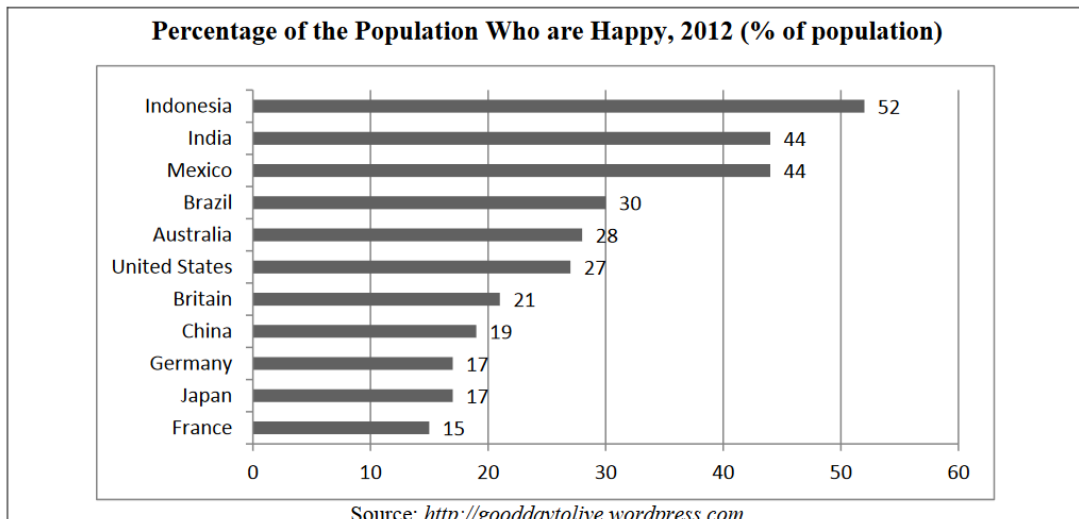
<https://www.youtube.com/watch?v=GWnBiBNwnso>

Einstein's theory of happiness



Topic: **Happiness**

Task: Study the chart and answer the questions below.



- What information is presented in the chart? Describe the statistical data.
- What do you think of the results of the survey? In your opinion, what percentage of the Lithuanian population would say they are happy?
- What are the key factors of happiness for people of different ages? How can we make people around us a little happier?